

Diabetes: A new Australian dilemma

Eat Your Greens



Diabetes is the sixth leading cause of death in Australia and is the fastest growing chronic disease.

Type 2 Diabetes or Non-Insulin Dependent Diabetes represents 85% to 90% of all cases of diabetes and occurs when the pancreas is not producing enough insulin or insulin is not working effectively. Some risk factors include family history, being overweight and having high blood pressure.

Always consult your doctor if you are concerned and contact your site health and safety advisor for more information on reducing your risk of diabetes.

pilbara health